

Parent Education Summer Prevention Program

CCSEM had the opportunity to work with collaborating community agencies to provide the Nurturing Parenting Education curriculum titled Families in Substance Abuse Treatment and Recovery. The outcomes placed focus on increasing participant awareness of empathy towards their child(ren), increasing coping skills without the use of their identified substance, and increasing participant understanding of discipline for their child(ren). CCSEM had 35 Program participants addressing substance use: 17 participants addressing alcohol, 15 addressing prescription pills, and 3 addressing marijuana.

Outcome results for participants who participated in the summer parenting program and were addressing Alcohol:

100% of participants increased understanding of empathy.

100% of participants identified 3 ways to cope with stress without alcohol use.

29% of participants increased understanding of discipline.

Outcome results for participants who participated in the summer parenting program and were addressing Prescription Pills:

100% of participants increased understanding of empathy.

100% of participants identified 3 ways to cope with stress without prescription pill abuse.

13% of participants increased understanding of discipline.

Outcome results for participants who participated in the summer parenting program and were addressing Marijuana:

100% of participants increased understanding of empathy.

100% of participants identified 3 ways to cope with stress without Marijuana use.



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